



# LUNCH

## Lunch Soups

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Corn chowder  
Cream of broccoli and cheddar  
Carrot and ginger  
New England clam chowder

## Lunch Salads

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Potato salad - Red potatoes, onion and carrots bound in a creamy herb dressing  
Oriental vegetable noodle salad - Mixed peppers, carrots, green onions and cilantro in a Thai dressing  
Greek pasta salad - Penne pasta with black olives, crumbled feta in a red wine vinegar dressing  
Caesar salad - Crisp romaine lettuce, herbed croutons, garlic dressing and grated parmesan cheese  
Mixed green leaves - Served with a sun-dried tomato and herb dressing

## Build Your Own Sandwich Buffet

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A choice of two lunch salads  
A selection of crusty rolls, breads and tortilla wraps  
Black forest ham, smoked turkey, roast beef and tuna salad  
Tomato, cucumber, red onion, lettuce, peppers, grated carrot and sliced pickles, cheddar and swiss cheeses, pesto mayonnaise, horseradish mayonnaise, mustard, guacamole, cream cheese and butter  
Selection of dessert squares and cookies  
Variety of soft drinks  
\$21.95 per person  
Add your choice of lunch soup \$2.95 per person

## Hearty Lunch Buffet

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A choice of two lunch salads  
Fresh baked baguettes  
Beef chili and vegetarian chili  
Baked potatoes  
Accompanied by green onions, shredded Monterey jack, cheddar cheese and sour cream  
Fresh fruit cocktail  
Selection of brownies including chocolate, rocky road, macaroon and triple chocolate  
Variety of soft drinks  
\$23.95 per person



## **BBQ Lunch Buffet** All mains are barbequed in-house, then served in chaffers

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A choice of two lunch salads

Large watermelon wedges

Leaf lettuce, tomato, red onion, dill pickles, cheddar and swiss cheeses, mayonnaise, ketchup and mustard

Apple and almond slices and a selection of dessert squares

Variety of soft drinks

\$17.95 per person

### **Add on any of the following to the BBQ lunch buffet**

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Prime rib beef burgers and vegetarian burgers	\$5.95
Seasoned Portobello mushroom burgers	\$5.95
Chicken breast brushed with a sweet chili BBQ sauce	\$5.95
Turkey burgers	\$4.95
Bavarian sausage	\$3.95
Grilled salmon	\$7.95
Guacamole	\$2.55
Sautéed mushrooms	\$2.95
Crisp bacon	\$2.50



## LUNCH TO GO

### **Deli Express Bag Lunch**

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Black forest ham and cheddar, smoked turkey breast and swiss cheese, or vegetarian style sandwich

Potato chips or a piece of fruit

Jumbo baked cookie

500ml bottled water

\$16.00 per person

### **Energy Lunch**

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Grilled chicken breast served on mixed greens with a tomato and oregano dressing

Greek penne pasta salad

Snickers chocolate bar

Fresh fruit salad cup

500ml bottled water

\$18.95 per person

### **Deluxe Lunch to Go**

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Chicken caesar salad

Piece of whole fruit

Banana bread

Twix chocolate bar

Potato chips

500ml bottled water

\$19.95 per person