



STRATTON MOUNTAIN HOMEOWNER

SPORTS CENTER

RULES AND REGULATIONS

Sports Center Hours of Operation:

The Sports Center is open daily and year-round. Hours may vary depending on the season. *Peak season is defined as opening day of the ski season until closing day. Off Season hours may be adjusted at the Resort's discretion. The Sports Center may close periodically for seasonal cleaning and/or improvements to the facility. The membership will be notified accordingly. Please see posted hours of operation at the facility or on the Sports Center's website strattonsportscenter@intrawest.com.

Facilities

Recreational Center. Offering recreational games, skate board park, climbing wall, and more. Children 13 and under must be accompanied by an adult.

Fitness Center. An athletic club catering to Stratton Mountain homeowners and resort guests. Restricted memberships are available to the general public. Several of our services and activities are available to walk-in guests such as massage, tanning, fitness classes, tennis lessons and court time.

Stratton Mountain Homeowner Lounge. (Formally known as the gold card room) A private room open throughout the winter season. Offered exclusively to the Stratton Mountain Homeowner Members and their guests. Complimentary refreshments available.

Stratton Sports Center Features and Facilities

The facilities of the Sports Center include the following:

- Locker Rooms
- Sauna
- 75-foot Indoor Pool
- Hot Tub
- Locker Rooms
- Cardiovascular Training Center
- Weight Training Center
- Outdoor Tennis Courts
- Indoor Tennis Courts
- Racquet Ball Courts
- Massage Rooms
- Tanning Booth
- Basketball Court

Child Behavior:

Children 16 years and younger must be accompanied by an adult to use the Sports Center facilities unless otherwise approved by Resort Management. Children must be 16 years of age to use the cardiovascular equipment and 16 years of age to use the weight equipment. Children are welcome to use the pool at all times when accompanied by an adult. There is no lifeguard on duty so children under 6 must be supervised at all times. By Vermont Law children under the age of 14 are not allowed to use the Hot Tub or Steam Rooms due to the excessive heat.

The Recreational Center is a children's activity center adjacent to the Sports Center available to children of all ages. Specific times may be limited to Teen usage.

Guest Policies and Black out Periods:

In an effort to best accommodate the membership at peak times, the Sports Center will enforce black out periods. All local and employee members will be restricted during the following times:

These restrictions are in effect from the Thanksgiving holiday to the end of the ski season:

1. Saturdays – no access from 8:30am to close
2. Sundays – no access from 8:30am to close
Thanksgiving: no access from 8:30am
3. Christmas week: no access from 8:30am
4. Martin Luther King: no access from 8:30am until close
5. Presidents Week: no access from 8:30am until close

Resort Guests will be allowed access during peak times but they must be renting through Stratton for this privilege. Walk-in guests will not be allowed at peak times.

Please Note: Club Management reserves the right to review current traffic and use patterns and change Guest and Extended Family restrictions at its sole discretion.

Guest Privileges

1. When using the Sports Center and the Resort Club Member Lounge, you may invite up to four guests PER MEMBERSHIP (NOT PER PERSON) at any one time.

2. You must accompany and personally register your guests at the Sports Center and Resort Club Lounge.
3. When you accompany your guests to the Sports Center, you must check in and pay for your guests at the front desk. Guest passes are non refundable. All guest passes are valid until July 31st. Guests without a prepaid guest pass will be charged a regular walk-in-rate. Guests of members are required to pay full resort rates at the Sports Center. Discounted activity rates are given to Resort Club members only, not their guests.
4. Each guest pass covers the guest fee for one person for one day at the Sports Center. Access includes the use of the pool, hot tub, locker rooms, cardio room, weight room and boxing equipment. Courts, massage, tanning and exercise classes are available for an additional charge. Please see the front desk staff to make arrangements.
5. In the event of adverse weather during holiday and/or peak periods, guests and extended family may be restricted from utilizing the Sports Center. Please check the Sports Center website for regular updates.

Please Note: Immediate Family includes the member's spouse or lawfully recognized civil union partner and their unmarried children under the age of 23, who are either living at home or are in school on a full-time basis. Extended Family includes the parents, adult children and grandchildren of the member and spouse.

Member Check-In:

All Members must check in at the front desk each visit. Members are required to fully abide by resort-established sign-in procedures. For tennis and massage please speak to a Sports Center attendant at the front desk to check in for your service and/or court reservation.

Equipment Usage:

There is a 25 limit for usage of the cardiovascular equipment during peak times if others are waiting. We have several certified personal trainers on staff to answer questions regarding the cardiovascular or weight equipment. An appointment with a trainer can be scheduled through the front desk or through the Resort Club's concierge service.

Massage Protocol:

Please arrive 10 minutes prior to your massage appointment to allow time to check in at the front desk. All clients should arrive showered and not under the influence of alcohol to receive a massage treatment. Standard Gratuity for massage services is 15–20%. A credit card is required to book a massage. The cancellation policy for massage is 4 hours.

Fitness Rules

1. **Member Orientations:** Available to all members with the purchase of either a new Sports Center membership or a yearly renewal membership. Orientations include a one hour personal training session to refresh members on proper use of the equipment, update members on changes that have been made to the equipment, provide basic guidance to an effective workout and develop a personal program design.
2. All persons using the facilities do so at their own risk and may be required to execute such forms releasing the Sports Center for liability for their use of the Sports Center facilities as determined from time to time.
3. All weights and pieces of equipment must be returned to their proper place at the completion of use.
4. **Members, family members and guests assume full risk of loss and responsibility for damage to their health.**
5. No clothing or personal articles may be stored under benches or in the common areas.
6. Electronic devices should be enjoyed at a volume so as not to disturb fellow members.

Spa Rules

1. All exercise classes and class time shall be determined by the Sports Center, and may be changed from time to time. Personal exercise trainers not employed by the Spa are not permitted to conduct personal exercise training programs.
2. No bare feet are allowed outside of the sauna and treatment areas.

3. Never use the sauna or hot tub when you are under the influence of alcohol or narcotics, or when you have taken antihistamines, tranquilizers, vasoconstrictors, vasodilators or stimulants.
4. Elderly people and those who suffer from diabetes, heart disease or high/low blood pressure should not use saunas.
5. No cups, magazines or newspapers are permitted inside the sauna.

Spa Services

1. We ask that you arrive 15 to 20 minutes prior to your service to relax and prepare for your treatment. If you are late for your appointment, it may be shortened to allow the therapist to be on time for the next appointment.
2. For your convenience, a gratuity may be added to the charge for each treatment.
3. For members' convenience, towels and robes can be checked out at the front desk. The removal of these items from the Sports Center premises shall subject the member, visitor, or guest to expulsion from the Sports Center, and the charges for the replacement costs thereof.

Swimming Conduct

1. To help maintain the highest water quality, soap showers are required before using the pool and spa.
2. Use of the pool at any time is at the swimmer's own risk. Any injuries or accidents should be reported to the attendant immediately.
3. Children must be three years of age and toilet trained to use the adult pool. Children wearing diapers are not permitted in any pool.
4. Bottles, glass objects, drinking glasses and sharp objects are not permitted in the pool area. Trash should be placed in the proper receptacles.
5. Food is not allowed in the area of the pool facilities.

6. Animals, bicycles, skateboards, play balls and any type of coolers are not permitted in the pool area.
7. Lifesaving and pool cleaning equipment should be used only for the purposes intended.
8. Running, ball playing and hazardous activities are not permitted in the pool area. Pushing, dunking and dangerous games are prohibited.
9. Diving is not permitted unless otherwise indicated at the pool.
10. Throwing footballs, Frisbees, tennis balls, or other objects, spitting or spouting water, and tag games are not allowed in the pool area. The Sports Center staff has the authority to expel from the pool areas anyone who does not follow these Pool Rules or whose conduct is otherwise unbecoming of a member.
11. Swimming parties may be arranged in advance of the occasion. A nominal fee will be required for exclusive use of the facility.

Locker Room Facilities

1. We recommend you not bring valuables into the Sports Center. Each person entering the Sports Center assumes liability for the loss of any items stored in the locker or common area.
2. For members' convenience, towels can be checked out at the front desk. The removal of these items from the Sports Center premises shall subject the member, visitor, or guest to expulsion from the Sports Center, and the charges for the replacement costs thereof.
3. For fire safety reasons, all clothing and personal articles must be stored in a locker in the locker room and not under benches or in the common areas.

Tennis Protocol:

Out of respect to your fellow members, members are expected to cancel tennis courts in a timely manner. All tennis lessons must be canceled 24 hours prior to the reserved time. Reservations are required.

Tennis Conduct

1. Court reservations may be made by phoning or visiting the front desk at the Sports Center.
2. All players must check in and register at the front desk at the Sports Center 10 minutes prior to their court time or the court will be released to the first name on the waiting list.
3. At the end of their playing period, players must promptly relinquish their court to the next players. Once a member is off the court, the member may sign up for the next available court time.
4. Skateboards, bicycles, roller blades, etc., are not permitted on the tennis courts.
5. Proper tennis etiquette should be observed at all times. Excessive noise, racquet throwing or profanity will not be permitted at anytime. Trash and other litter must be deposited in the proper receptacles.
6. Use of tennis courts shall be subject to control of the Sports Center at all times. The tennis shop shall determine the suitability of the courts for play. Courts will be closed when necessary for maintenance operations, when dictated by safety considerations, and / or when under adverse or anticipated adverse weather conditions. The Sports Center may reserve the courts for special events.

Fitness Class Protocol:

Please arrive 10 minutes before your scheduled fitness class. Members are not permitted to enter a class once it's in session. Reservations are required.

Failure to abide by reservation protocol and regulations may result in loss of the privileges to make future reservations.

Attire

1. Proper tennis attire as determined by the Sports Center is required for indoor and outdoor courts. Colors are permitted. No blue jeans, cut offs, tee shirts or tank tops are allowed. No black soled shoes are allowed on the hard court surfaces.

2. Regulation tennis shoes are required.
3. Racquetball attire is required on the racquetball courts. No blue jeans, cutoffs or tank tops allowed. No black soled shoes are allowed in the pool area.
4. Proper workout attire is required for the fitness room. Shirts and shoes are required at all times. No cutoffs or swimsuits are allowed in the fitness room.

Enforcement:

Resort personnel will have full authority in enforcing the Rules and Regulations of the Sports Center. Any infractions will be reported to Management. Resort Management has sole discretion in interpreting the Rules and Regulations.

Gratuities:

Several positions at the Stratton Sports Center are service positions. Gratuities for Sports Center Personnel are encouraged.

Lost, Stolen or Damaged Items:

The Sports Center is not responsible for any lost, stolen or damaged property of any kind while it is on the premises. This includes, without limits, cars parked at the Sports Center, personal belongings at the Sports Center and in the locker rooms.

Smoking:

The entire Sports Center, including outside areas, is a non-smoking facility.

Pets/Animals:

Dogs or other pets (with the exception of those assisting persons with disabilities) are not permitted in the Sports Center.

INHERENT RISKS, ASSUMPTION OF RISKS AND INDEMNIFICATION

The Resort reminds the member and all participating family members and guests and member acknowledges on behalf of himself/herself and, as duly authorized, on behalf of all family members and guests that the terms and conditions of participation in the Membership Plan and using the Resort Facility and resort properties includes that the member and all participating family members and guests acknowledge and assume inherent risks and that they accept assumption of risks with their participation in the Plan and all Plan activities and facilities, that they have agreed to indemnify and hold harmless the Resort and other Indemnified Parties, and that they have agreed to other terms and conditions all as more fully set forth, signed and acknowledged in the Membership Agreement and Application.